



ON THE ROAD TO A **HEALTHIER COMMUNITY**



140 East Shore Parkway
La Porte, IN 46350

219.326.2471

contact@hflaporte.org

hflaporte.org

December 2020

Dear La Porte County Community Member:

It is with great pride that we present you with Healthcare Foundation of La Porte's (HFL) first Report to the Community.

Since opening our doors in March of 2016, we have focused on creating the structure of a brand-new foundation. To ensure its success, HFL devoted significant time and effort to:

- assessing our community's needs;
- learning from already-established foundations throughout the country;
- finding the best investment firm partner;
- crafting policies and procedures; and
- selecting grantmaking and scholarship software.

We launched ten2030.org, our gift of data to the community. We also met with dozens of local nonprofit organizations, government agencies, and healthcare providers so we could learn more about the services provided in La Porte County.

Over \$17 million has been invested in our community, from our first grant cycle in 2017 to the end of 2020. This report will tell you more of that story, including the types of grants awarded and our strategic focus areas; our efforts to enhance local nonprofit organizations; and the special projects we are planning in partnership with community organizations. What's more, we now have a permanent home and we can offer a state-of-the-art Conference & Learning Center for use by all of our partners.

Though 2020 was quite challenging, it also brought exciting opportunities for us to engage our community and to empower our residents to truly live healthy and well.

Thank you for taking the time to review our Report to the Community—and thank you to all our grantees for their dedicated service to the community. It's partnerships like these that show we are on our way to becoming one of Indiana's top ten healthiest communities by 2030.

On behalf of HFL's Board of Directors and team, we wish you a healthy, safe, and happy New Year!

Sincerely,

A handwritten signature in black ink, appearing to read "Maria V. Fruth".

Maria V. Fruth
President & CEO

A handwritten signature in black ink, appearing to read "Jeffrey A. Bernel".

Jeffrey A. Bernel
Chairperson

ON THE ROAD TO A HEALTHIER COMMUNITY



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HEALTHCARE FOUNDATION OF LA PORTE TEAM



Maria Fruth
President & CEO



Jessica Mace
Program Officer



Mary Wellnitz
Special Projects Manager



Jen Kvasnicka
Communications &
Scholarship Coordinator

Greg Jordan, OCIO

Matt Croll, Fractional CFO

Lauren Porter, Fractional Controller

Amy McDaniel, Staff Accountant



VISION

To be among Indiana's
top 10 healthiest
communities by 2030.

MISSION

Empowering our residents
to live healthy and well
in and around La Porte.

ON THE ROAD TO A

HEALTHIER COMMUNITY

REPORT TO THE COMMUNITY 2017 - 2020

HEALTHCARE
FOUNDATION
of LA PORTE
BOARD OF
DIRECTORS



Jeff Bernel
Chair



Jane Nelson
Vice Chair



Rich Schmitt
Treasurer



Drumm Osborn
Secretary



Rory Bunce



Dan Kaminski



Kathleen Lang



James Laughlin



Michele Magnuson



Stephanie Oberlie



Linda Satkoski



Scott Siefker



Dr. Gary Wheeland

THANK YOU
TO OUR
PAST
BOARD
MEMBERS



Jim Clarke
2016-2019



Tim Larson
2016-2019



Dr. Hester Muller
2016-2018



2017:
\$516,507

2018:
\$644,451

2019:
\$770,980

2020:
\$826,481

Total Grants Awarded 2017 - 2020

\$2,758,419

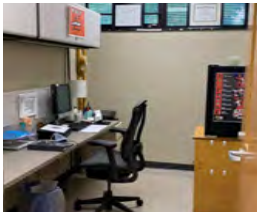
HEALTHY CHILDREN

GOALS

- Decreasing the number of low birthweight births
- Decreasing the number of preterm births
- Decreasing the number of uninsured children
- Reducing childhood obesity
- Reducing teen births
- Improving education about tobacco and drug usage
- Increasing safety in homes and schools
- Increasing access to mental healthcare for children
- Increasing the number of children and parents making informed decisions about good childhood health and its lifelong benefits



SLICER HEALTH CLINIC



HFL GRANTS

2018 - 2020 GRANTS FOR
SLICER HEALTH CLINIC
OPERATION

\$425,298

2020 GRANT FOR
SLICER HEALTH CLINIC
CONSTRUCTION & EQUIPMENT

\$127,865

For more information, email the clinic
at shc@lph.org or call 219.325.1377.



SLICER HEALTH CLINIC PROVIDES

- Physical Examinations
- Immunizations
- Diagnosis and Treatment for Injury, Illness & More

FOR LA PORTE
COMMUNITY SCHOOL
CORPORATION STUDENTS



Elisa Bergquist, Nurse Practitioner with
Northwest Health - La Porte, providing services
at the Slicer Health Clinic.

2018
458
VISITS

2019
561
VISITS

2020
291
VISITS*

*Visits through October 2020

HEALTHY CHILDREN



**HFL SUPPORTED THE FORT LA PLAY PORTE
RENOVATION WITH A 2018 GRANT OF
\$65,000**



FORT LA PLAY PORTE PLAY STRUCTURE RENOVATION

Designed with input from local elementary school students, the new and improved Fort La Play Porte playground provides greater safety, accessibility and visibility, while also challenging children with a thrilling obstacle course and zip line. The playground includes accessible features such as the zero-entry merry-go-round.



WEEKEND BACKPACK FOOD FOR KIDS THE SALVATION ARMY OF LA PORTE

Hundreds of children at elementary and middle schools in La Porte receive a weekly backpack to support their nutritional needs over the weekend. Schools identify children at risk for food insecurity and discretely send them home with a bag of healthy, easy-to-prepare meals every weekend of the school year, including during holiday breaks. Each year, items offered in the backpacks are more nutritious and contain fresh fruits and vegetables thanks to the guidance of Allison Goshorn, Extension Educator – Health and Human Services at Purdue Extension.

**HFL GRANTS TO SUPPORT
WEEKEND BACKPACK
FOOD FOR KIDS TOTAL \$155,139**



Dedicated volunteers prepare and deliver backpacks filled with nutritious food to schools each week.

HEALTHY CHILDREN

GRANTS AWARDED



Organization Name	Program/Project	2017	2018	2019	2020	TOTAL
CCC Head Start of La Porte County	Healthy Access Medical Transport Van	\$59,893				\$59,893
Center Township Fire Dept., Inc.	Fire Prevention Education - Inflatable Fire House			\$4,280		\$4,280
City of La Porte Park and Recreation Department	Fort La Play Porte Play Structure Renovation		\$65,000			\$65,000
	Summer Playground Expansion	\$20,972				\$20,972
City of La Porte Police Department	DARE Program	\$8,100				\$8,100
Dunebrook, Inc.	Healthy Families La Porte County	\$87,110	\$82,338	\$83,000	\$73,000	\$325,448
	Dunebrook Public Education Program	\$37,016	\$45,500	\$45,500	\$45,500	\$173,516
Family Advocates, Inc.	Court Appointed Special Advocate (CASA) Program of La Porte County	\$41,950	\$55,800	\$59,320	\$15,000	\$172,070
	Court Youth Advocate (CYA) Program of La Porte County			\$15,885	\$15,000	\$30,885
	Growth and Sustainability Plan for Family Advocates			\$66,350	\$49,400	\$115,750
Healthy Communities of La Porte County	Covering Kids and Families Program			\$10,000	\$10,000	\$20,000
La Porte Community School Corporation	Family and Community Engagement Services (F.A.C.E.S.)		\$52,000	\$140,432	\$122,089	\$314,521
	Postponing Sexual Involvement (PSI Program)	\$5,000	\$4,749	\$4,817	\$5,000	\$19,566
	Slicer Health Clinic - Construction & Equipment				\$127,865	\$127,865
	Slicer Wellness Community Health Program	\$20,000				\$20,000
La Porte County Health Department	Cribs for Kids	\$16,000	\$10,898			\$26,898
Michigan City Area Schools	Creating a Mental Health Safety Net	\$75,813				\$75,813
North Central Community Action Agencies	Weatherization Deferral Program			\$40,000		\$40,000
Northwest Health - La Porte	Lil' F.I.S.H. Club™	\$43,703	\$58,431	\$36,241	\$63,310	\$201,685
	Slicer Health Clinic		\$153,096	\$122,857	\$149,345	\$425,298
	Stop The Bleed Program				\$12,972	\$12,972
Open Door Community Alliance, Inc.	Open Door Adolescent Health Center (ODAHC)	\$30,000	\$25,000	\$25,000	\$25,000	\$105,000
Southshore Skipping Stones of Michigan City	Smile Baby! Born to be Cavity Free	\$1,450				\$1,450
The Intrepid Phoenix	Rise Above - Alateen Meeting			\$1,000		\$1,000
The Salvation Army of La Porte	Weekend Backpack Food for Kids	\$38,500	\$60,639		\$56,000	\$155,139
The Salvation Army M. City	Weekend Backpack Food for Kids				\$6,000	\$6,000
Westville Police Department	Blue Line Park			\$20,060		\$20,060
Women's Care Center	Support for Healthier Babies	\$25,000	\$25,000		\$25,000	\$75,000
	Increasing Functional Space for Healthier Babies			\$85,000		\$85,000
Youth Service Bureau	Kids on the Block	\$6,000	\$6,000	\$6,000	\$6,000	\$24,000
	School Buddies			\$5,238	\$20,000	\$25,238
TOTAL GRANTS AWARDED		\$516,507	\$644,451	\$770,980	\$826,481	\$2,758,419



2017:
\$768,326

2018:
\$2,860,175

2019:
\$2,573,263

2020:
\$1,460,229

Total Grants Awarded 2017 - 2020

\$7,661,993

HEALTHY LIVING

GOALS

- Reducing obesity and weight-related chronic diseases
- Improving access to healthy foods, reducing food deserts
- Improving community-wide focus on active living and fit lifestyles

Learn more about Strategic Grants



Nate Loucks, Pastor at State Street Community Church and proverbial Chief Peace Officer for The Pax Center, spends time inside the Education Resource Center during early stages of renovation.



BRIGHTON STREET GREEN SPACE

Located in a food desert, Brighton Street Green Space provides critical access to nutritious food for low-income and food insecure La Porte residents, including the elderly and children. Comprising an acre and a half of redeveloped land in downtown La Porte, Brighton Street Green Space offers gardens, an orchard, outdoor recreational space, and an Education Resource Center.



HFL GRANTS
TO THE PAX CENTER TO IMPROVE ACCESS
TO NUTRITIOUS FOOD
THROUGH BRIGHTON STREET GREEN SPACE

\$425,473



HEALTHY LIVING



THE FITNESS COURT® FEATURES
30 INDIVIDUAL PIECES OF EQUIPMENT,
a shock-resistant sports flooring, and exercise stations that
provide a full-body workout in 7 movements in just 7 minutes.



HEALTHCARE FOUNDATION OF LA PORTE FITNESS COURT® AT KESLING PARK

The Fitness Court® is a free, outdoor, circuit training center
designed for adults of all ages and fitness levels.



Download the app at

<https://nationalfitnesscampaign.com/app>



The free Fitness Court® App makes it easy to access
workouts for every fitness level, fun fitness challenges,
and training tools. Community members can use the
app to learn the Fitness Court's® 7 movements and take
their workouts to the next level with guided step-by-
step coaching from expert trainers.

HFL GRANT OF
\$119,223

supported the City of La Porte Park
and Recreation Department to construct
the Fitness Court® at Kesling Park.



WESTVILLE WELLNESS INITIATIVE MUNICIPAL SCHOOL DISTRICT OF NEW DURHAM

Increasing access to exercise facilities for students,
staff, and the Westville community.

Dubbed the
“War Room”
by the Athletic
Council, the
fitness center
is an innovative
solution to
filling a gap
in community
wellness
services.

HFL GRANT OF **\$23,204**

transformed space at Westville Middle-High School to places where
students, school staff, and community members can participate in weight
training, cardio workouts, yoga, and health and wellness education.



HEALTHY LIVING

GRANTS AWARDED



Organization Name	Program/Project	2017	2018	2019	2020	TOTAL
Bethany Church	LaPark Playground Renovation and Additions		\$25,000	\$75,000		\$100,000
Citizens Concerned for the Homeless, Inc.	Food Rescue Initiative			\$25,000	\$25,000	\$50,000
City of La Porte	Chessie Trail	\$232,020	\$60,000			\$292,020
	City of La Porte Fire Department Rescue Boat				\$52,500	\$52,500
	Clear Lake Trailhead and Boardwalk		\$570,089		\$147,000	\$717,089
	Stone Lake Trail			\$887,000		\$887,000
	Sub-Area Plan and Clear Lake Recreational Improvements		\$425,000		\$153,000	\$578,000
	18th Street Greenway				\$506,000	\$506,000
City of La Porte Park and Recreation Department	Allesee and Rumely Park Tennis Courts		\$57,500			\$57,500
	Kesling Park Batting Cages and Shade Sails		\$181,768			\$181,768
	Outdoor Fitness Court		\$119,223			\$119,223
	Park Safety Initiative		\$64,800			\$64,800
	Parks Water Bottle Filling Stations			\$24,000		\$24,000
	Soldiers Memorial Park Accessible Kayak Launch			\$112,180		\$112,180
	Soldiers Memorial Park Renovations Phase I Planning		\$20,000			\$20,000
	Stone Lake and Fox Park Equipment		\$90,669			\$90,669
	Summer Playground Program	\$20,972	\$19,972	\$19,972		\$60,916
	Tennis Renaissance Phase I		\$165,000			\$165,000
Family Advocates, Inc.	Teaching Wellness During Supervised Parenting Time		\$17,736			\$17,736
Friendship Botanic Gardens	Accessibility to Friendship Botanic Gardens (ADA Compliant & Symphony Garden)			\$65,000	\$37,000	\$102,000
	Fitness Trail	\$25,000	\$25,000			\$50,000
HealthLinc	Support to Establish La Porte Community Health and Dental Center Under the Umbrella of HealthLinc			\$372,159		\$372,159
La Porte Community School Corporation	Agriculture Education in La Porte			\$106,099		\$106,099
	La Porte Community Schools Health Science and Emerging Careers Partnership Program			\$75,000		\$75,000
La Porte County Emergency Medical Service	Video Laryngoscopes		\$37,500			\$37,500
La Porte County Family YMCA	Capital Campaign Preparation for New La Porte Y	\$15,000				\$15,000
	ENHANCE®FITNESS Program for Arthritis Sufferers	\$8,104				\$8,104
	La Porte County Family YMCA Evidence Based Health Intervention Program Expansion		\$33,934			\$33,934
	LIVESTRONG® at the YMCA Program for Cancer Survivors	\$8,458				\$8,458
	The YMCA's Diabetes Prevention Program	\$12,794				\$12,794
La Porte County Meals on Wheels	Lunch Box of Hope	\$24,476				\$24,476
	Restructuring for Our Future Growth		\$36,536	\$25,000		\$61,536
La Porte County Parks Department	La Porte County Parks Exercise Equipment and Bike Stations			\$77,000		\$77,000
	Luhr County Park Land Acquisition and Improvements	\$70,000				\$70,000

HEALTHY LIVING

GRANTS AWARDED



Organization Name		Program/Project	2017	2018	2019	2020	TOTAL
●	La Porte Fire Chief's Association	County Firefighter Hood Project		\$49,375			\$49,375
	MSD of New Durham Township	Westville Wellness Initiative		\$23,204			\$23,204
●	New Prairie United School Corp.	Healthy from the Start	\$78,267				\$78,267
		New Prairie Empower Hour		\$121,622	\$112,791	\$119,192	\$353,605
●	North Central Community Action Agencies, Inc.	Wheelchair Ramp/Home Safety Repair Program	\$20,000	\$20,000	\$20,000		\$60,000
●	Northwest Health - La Porte	Community Outreach	\$8,293	\$113,135	\$135,842	\$95,000	\$352,270
		DEAL Diabetes Empowered Adds to Life 2017	\$12,397				\$12,397
		Direct Patient Assistance Program			\$26,254	\$40,000	\$66,254
		La Porte Community Health Center & La Porte Dental Center		\$548,112			\$548,112
		Wellness and Support Services			\$30,110	\$3,650	\$33,760
●	Paladin, Inc.	Transportation for the Elderly, Disabled, and Medically Fragile		\$25,000	\$47,000	\$48,691	\$120,691
●	Purdue Extension - La Porte County	Farm to Freezer to Table	\$2,745				\$2,745
		Kingsford Heights Community Gardens				\$14,639	\$14,639
●	Share Foundation with the Handicapped, Inc.	Registered Dietician for the Other-Abled				\$25,000	\$25,000
●	Social and Learning Institute, Inc.	The Social and Learning Institute Health & Wellness Program		\$10,000	\$10,000	\$10,000	\$30,000
●	South Central Community School Corporation	Fitness Trail at South Central				\$182,700	\$182,700
		South Central Wellness Center			\$100,000		\$100,000
●	Springfield Township Volunteer Fire Department	Community CPR				\$857	\$857
●	Swanson Center	Activity Center for Older Adults	\$25,000				\$25,000
●	The Pax Center	Brighton Street Green Space	\$204,800		\$220,674		\$425,473
●	The Salvation Army of Michigan City	School Uniform Exchange (gym uniforms)			\$1,500		\$1,500
●	Wanatah Public School	Activity Squeeze			\$5,683		\$5,683
TOTAL GRANTS AWARDED			\$768,326	\$2,860,175	\$2,573,263	\$1,460,229	\$7,661,993



2017:
\$757,760

2018:
\$458,183

2019:
\$1,019,140

2020:
\$209,439

Total Grants Awarded 2017 - 2020

\$2,444,522

HEALTHY MINDS

GOALS

- Increasing access to care for mental illness
- Increasing access to treatment for substance abuse
- Decreasing drug usage
- Decreasing tobacco usage
- Decreasing controlled substances dispensed
- Decreasing alcohol-related driving accidents

Learn more about Strategic Grants



SACRED HEART SHELTER RENOVATION

HFL'S FIRST CHALLENGE GRANT

With a challenge grant from HFL, Interfaith Community PADS reached its fundraising goal and renovated the Sacred Heart Church building into a permanent emergency overnight shelter for men, women, and women with children experiencing homelessness. Challenge grants challenge an organization to raise a specified amount of money for a project while motivating the community to support and donate to the project. HFL matched dollar for dollar the first \$100,000 Interfaith Community PADS raised in community donations. For the next \$18,750 in donations, HFL provided a two-for-one-match.



HFL CONTRIBUTED A TOTAL OF

\$137,500 TO THE RENOVATION

HEALTHY MINDS



La Porte Recovery Center Ribbon Cutting, October 2020

**HFL PROVIDED A GRANT OF
\$393,083**

to Porter-Starke Services to open La Porte Recovery Center, an opioid treatment facility in La Porte that provides services without regard to a client's ability to pay.

LA PORTE RECOVERY CENTER

La Porte Recovery Center, a collaboration between Porter-Starke Services and Swanson Center, is a medication-assisted treatment facility that provides comprehensive treatment for opioid use disorder. Medication-assisted treatment is the use of medication, counseling, and other supports to engage people in recovery and sustained positive life change. Through La Porte Recovery Center, Porter-Starke Services provides methadone treatment and counseling while Swanson Center provides outpatient treatment, case management, and skills training to assist individuals in meeting basic living needs so clients are more likely to be successful in treatment.



DETOX NOW SWANSON CENTER

Through the Detox Now program, Swanson Center provides increased access to inpatient detox, and residential and outpatient substance use treatment, for individuals with an active substance use disorder in La Porte County. Swanson Center collaborates with local hospitals, law enforcement, and other treatment providers to facilitate immediate access to detox services by eliminating the barriers of time, cost, and transportation. The Detox Now program assists individuals with limited or no ability to pay for services.



167

clients completed detox/inpatient treatment through the Detox Now program from 2017 - 2020

**HFL GRANTS TO SUPPORT
DETOX NOW TOTAL**

\$1,173,022

HEALTHY MINDS

GRANTS AWARDED



Organization Name	Program/Project	2017	2018	2019	2020	TOTAL
Citizens Concerned for the Homeless, Inc.	Keys to Hope Community Resource Center	\$2,500	\$24,000	\$24,000	\$21,350	\$71,850
Frontline Foundations	Life Recovery Community Center	\$63,090	\$67,159			\$130,249
Healthy Communities of La Porte County	Suicide Prevention and Education		\$14,000	\$20,000	\$12,500	\$46,500
Interfaith Community PADS, Inc.	Sacred Heart Shelter Renovation			\$137,500		\$137,500
La Porte County Adult Probation Department	Drug Court Intensive Case Manager			\$59,351	\$65,276	\$124,627
La Porte County Public Library	Community Resource Coordinator		\$19,038			\$19,038
La Porte County Sheriff's Office	Continuing Education for La Porte County Problem Solving Court Professionals			\$5,000		\$5,000
Northwest Health - La Porte	Perinatal Bereavement Program				\$15,460	\$15,460
Paladin, Inc.	Behavior Management and Music Therapy	\$2,674				\$2,674
Porter-Starke Services, Inc.	La Porte Recovery Center			\$393,083		\$393,083
Reins of Life, Inc.	Equine-Assisted Path to Recovery			\$6,000		\$6,000
Samaritan Counseling Centers, Inc.	Healthy Minds for a Healthy Community	\$49,970		\$55,226	\$50,000	\$155,196
South Central Community School Corporation	South Central Behaviorist				\$20,000	\$20,000
Swanson Center	Detox Now Addictions Treatment	\$603,526	\$294,496	\$275,000		\$1,173,022
The Dunes House	Nine-Beds Scholarship	\$5,000	\$14,490	\$14,500		\$33,990
The Intrepid Phoenix	Fitness for Recovery from Substance Abuse	\$16,000	\$25,000	\$25,000	\$24,853	\$90,853
Worthy Women Recovery Home	Healthy Women, Worthy Women	\$15,000		\$4,480		\$19,480
TOTAL GRANTS AWARDED		\$757,760	\$458,183	\$1,019,140	\$209,439	\$2,444,522



2017:
\$275,792

2018:
\$355,420

2019:
\$550,979

2020:
\$304,160

Total Grants Awarded 2017 - 2020

\$1,486,351

HEALTHY LA PORTE

GOALS

- Expand successful, existing programs that improve the health and wellness of La Porte County residents
- Test new, promising initiatives to meet health and wellness needs identified in La Porte County
- Collaborate to better meet health and wellness needs identified in La Porte County

Learn more about Responsive Grants



The World Health Organization (WHO) defines health as “a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity.” HFL recognizes wellness as an active process through which people become aware of, and make choices toward, a more successful existence. The National Wellness Institute defines six dimensions of wellness as emotional, occupational, physical, social, intellectual, and spiritual.



SAVE A COP, SAVE A LIFE

A grant to La Porte County Emergency Management/ Homeland Security provided lifesaving kits and training on how to use them to La Porte County police officers. Kits include tourniquets, chest seal, combat gauze, clot-forming gauze, and a nasal airway tube. Kits are designed to be used by officers on themselves or others when immediate medical attention is not available.



HFL GRANT OF

\$13,200 provided **120**
lifesaving kits





LA PORTE COUNTY SYMPHONY ORCHESTRA

Each year the La Porte County Symphony Orchestra (LCSO) provides the opportunity for 5,000+ La Porte County elementary students to experience the cultural power of the arts through orchestral performance.



HFL GRANTS TO SUPPORT
La Porte County Symphony
Orchestra (LCSO) Drayton
Children's Education Concerts
total

\$45,000

from 2018-2020.



LA PORTE COUNTY FAMILY YMCA



HFL GRANT OF
\$7,183

helped the
La Porte County Family YMCA
expand their CPR, AED,
and lifeguard training programs
in 2017.



WHEN SECONDS COUNT HFL'S AED INITIATIVE

If someone has a life-threatening heart incident, their chance of survival is significantly improved if the people around them can perform CPR before the ambulance arrives, especially if CPR is delivered in conjunction with an automated external defibrillator (AED). Through its When Seconds Count AED Initiative, HFL provides grants for life-saving AEDs and works with La Porte County EMS and the community to ensure devices are registered and maintained. HFL's When Seconds Count AED Initiative builds upon the work of the former La Porte Hospital Foundation to eliminate AED "deserts" in La Porte County.



2017 - 2020

78 AEDs

including signage
and cabinets
were awarded to

22 organizations

Since 2017,

\$160,428

has been awarded in AEDs,
cabinets, and signage.

HEALTHY LA PORTE

GRANTS AWARDED



Organization Name		Program/Project	2017	2018	2019	2020	TOTAL
●	Arts in the Park	Arts in the Park Summer Concert Series	\$10,000	\$15,000	\$25,000	\$25,000	\$75,000
		Dennis Smith Amphitheater Expansion Project		\$25,000			\$25,000
●	Catholic Charities of the Diocese of Gary	Lifeline Utility Assistance for Families and Individuals	\$15,461	\$23,168		\$25,000	\$63,629
●	Center for Creative Solutions	Happiness = Health = Creativity/Innovation = Happiness	\$6,570				\$6,570
●	Citizens Concerned for the Homeless, Inc.	Grace Learning Center's Nurturing Parenting Program		\$3,912	\$4,112		\$8,204
		Sand Castle Shelter for Homeless Families Health Care Literacy and Initiatives Program	\$3,000				\$3,000
●	City of La Porte Park and Recreation Department	Parks Tree Inventory				\$12,776	\$12,776
●	City of La Porte Police Department	Cops and Bobbers			\$2,281		\$2,281
		La Porte Police Department AED and First Aid Equipment Program		\$12,565			\$12,565
●	Dunes Art Foundation Inc.	Operations & Vandalism Losses				\$5,000	\$5,000
●	Friends of the La Porte County Public Library, Inc.	Google Expeditions: Virtual Reality (VR) & Augmented Reality (AR) Kits for Seniors			\$17,500		\$17,500
●	Indiana Guardianship Services, Inc.	Adult Guardianship Program	\$15,000	\$17,700	\$25,000		\$57,700
●	La Porte Community School Corporation	Boston Middle School Project Extended Day	\$23,500				\$23,500
		GrapeSEED Early Language Acquisition Program	\$10,000				\$10,000
		Healthy Readers: The Science of Reading Instruction				\$24,150	\$24,150
		HERO - Helping Everyone Respect Others			\$15,000		\$15,000
		ICU - Individual, Creative and Unique Making a Difference One Life at a Time		\$15,000			\$15,000
		Kesling Middle School Project Extended Day	\$23,500				\$23,500
		Kingsbury Healthy Families: Back-to-Basics		\$1,687			\$1,687
		LPCSC Middle School Afternoon Success Program	\$25,000	\$25,000			\$50,000
		Slicer Champions School-based Mentoring Program	\$10,000	\$20,756	\$22,213	\$10,000	\$62,969
●	La Porte County Emergency Management/Homeland Security	Save a Cop, Save a Life	\$13,200				\$13,200
●	La Porte County Family YMCA	CPR, AED and Basic First Aid and Lifeguard Training Equipment	\$7,183				\$7,183
		Volunteer Capacity Building Program		\$25,000	\$20,000		\$45,000
		Market Penetration Study via FourSquare Research, Inc.			\$24,000		\$24,000
●	La Porte County Public Library	Health Literacy at the Library			\$11,000		\$11,000
●	La Porte County Symphony Orchestra	LCSO Drayton's Children's Education Concerts		\$15,000	\$15,000	\$15,000	\$45,000
●	La Porte Fire Department	La Porte Fire Dept. AED Program	\$24,213				\$24,213
●	Leadership La Porte County, Inc.	Leadership La Porte County Youth Program	\$4,400	\$7,100	\$7,100		\$18,600
●	Michigan City Area Schools	All About M.M.E. (Mindful Motor Enrichment)		\$23,189	\$24,891	\$24,815	\$72,895
●	MSD of New Durham Township	Westville Little School	\$24,919	\$24,999	\$24,999	\$24,000	\$99,916
●	New Prairie HOSA	Because We All Have Heart			\$1,650	\$2,025	\$3,675
●	North Central Community Action Agencies	Children Vision Screening Program		\$8,000			\$8,000

HEALTHY LA PORTE

GRANTS AWARDED



Organization Name		2017	2018	2019	2020	TOTAL
● Open Door Community Alliance, Inc.	Open Door Community Alliance (ODCA) Medication Assistance Program	\$5,000	\$10,000	\$10,000		\$25,000
● Paladin, Inc.	Health, Wellness, and Safety for Individuals with Disabilities	\$5,000		\$10,939	\$10,000	\$25,939
● Purdue Northwest Sinai Forum	Purdue University Northwest Sinai Forum			\$18,000	\$25,000	\$43,000
● READ La Porte County, Inc.	English as a Second Language Classes with a Health & Wellness Component	\$7,346	\$10,000	\$10,000	\$12,423	\$39,769
● Reins of Life, Inc.	Equine-Assisted Learning for South La Porte Special Education Cooperative (SLC)		\$22,844	\$17,060		\$39,904
● South Central Community School Corporation	South Central Athletics ImpACT Testing				\$435	\$435
● Stepping Stone Shelter for Women, Inc.	Transitioning from Violence to Safety		\$10,000	\$10,000	\$25,000	\$45,000
● The Jack and Shirley Lubeznik Center for the Arts	LCA Arts Outreach Program Expansion			\$22,234	\$6,036	\$28,360
● The Pax Center	Better Food, Better Life			\$15,000		\$15,000
● The Salvation Army of La Porte	Food Pantry Refrigeration				\$25,000	\$25,000
● The Singing Company of La Porte County	The Singing Company of La Porte County Children's Chorus		\$2,000	\$3,000		\$5,000
● Union Mills Conservation Club	UMCC Basketball Court			\$25,000		\$25,000
● United Way of La Porte County	La Porte Community Schools Kindergarten Countdown Camps		\$10,000	\$20,000		\$30,000
● Unity Foundation of La Porte County	Home Team Coordination	\$17,500		\$100,000	\$7,500	\$125,000
	Vibrant Communities of La Porte County			\$25,000	\$25,000	\$50,000
● Visiting Nurse Assoc. of NWI	VNA of NWI La Porte Community Liaison	\$25,000				\$25,000
	VNA Satellite Office, La Porte			\$25,000		\$25,000
● We Connect	We Connect - Success Coach Position		\$25,000			\$25,000
● Yana Service Club	Handicap Access Ramp		\$2,500			
TOTAL GRANTS AWARDED		\$275,792	\$355,420	\$550,979	\$304,160	\$1,486,351



Total Grants Awarded 2017 - 2020

\$601,188

HEALTHY PARTNERS

GOALS

- Increasing the impact of nonprofit organizations in our area
- Strengthening and growing community organizations' capacity, including their knowledge, infrastructure, management, and governance
- Providing up-to-date population health and socioeconomic data

CREATING STRONGER LA PORTE COUNTY NONPROFIT PARTNERS

In 2017, HFL began the process of getting to know the large number of diverse nonprofit organizations in La Porte County and learning about their programs and services. In creating a comprehensive database of nonprofits, HFL learned that organizations faced similar day-to-day and long-term challenges. HFL also learned that leaders were eager to strengthen their skills and the skills of their staff, and that there was some overlap and duplication of efforts to address the same community needs. HFL created Healthy Partners to encourage and support organizations to collaborate and overcome barriers to becoming more efficient and effective change agents. With a focus on developing and growing capacity, Healthy Partners strengthens the knowledge, skills, and resources nonprofits need to make an even more impactful change in our community.



[Ten2030.org](https://ten2030.org): LA PORTE COUNTY'S HUB FOR COMMUNITY RESOURCES AND DATA

[Ten2030.org](https://ten2030.org) is the first gift given to the La Porte community by HFL. The website's name echoes HFL's vision for La Porte to become one of the ten healthiest communities in Indiana by the year 2030. The site is an up-to-date source of population health and socioeconomic data, bringing non-biased data, local resources, and a wealth of information to one place. It highlights community assets while identifying gaps, and provides resources for community assessment, strategic planning, best and promising practices, and assistance with collaboration and advocacy. Visitors also can find local health and wellness resources and contribute ideas.



**DEATH RATE DUE TO
DRUG POISONING**
(Compared to IN counties)



**ADULTS 20+ WHO
ARE SEDENTARY**
(Compared to IN counties)



**CHILD FOOD
INSECURITY RATE**
(Compared to IN counties)

CAPACITY BUILDING

HFL has identified capacity building as a funding priority to help organizations develop and strengthen the skills, abilities, and resources needed to make even more impactful change in our community.



LA PORTE CITY AND LA PORTE COUNTY MEALS ON WHEELS

We are proud to introduce our first organization that participated in HFL's capacity building effort—La Porte City Meals on Wheels (MOW). The MOW board of directors' introspective thinking and decision-making led them to realize that stronger organizations can lead to greater program impact. The strategic-motivated merger between La Porte City MOW and La Porte County MOW offered opportunities for improving services, outcomes, and operations—all with the goal of expanding capacity to serve the needs of seniors and home-bound citizens in La Porte and surrounding towns.



MEALS on WHEELS
LAPORTE COUNTY
TOGETHER, WE CAN DELIVER.



BUILDING UPON THE LEGACY OF LA PORTE HOSPITAL FOUNDATION

HFL transferred all remaining funds and fundraisers of La Porte Hospital Foundation to organizations whose missions and core values align with the purpose of the fund set by donors. In 2019, HFL transferred the Tour de La Porte and the Holiday at the Pops Concert to La Porte County Family YMCA and La Porte County Symphony Orchestra, respectively. Both organizations will continue the long-standing traditions of these fundraisers.

The Cancer Patient Fund was the perfect fit for the NewDay Foundation which acquired its 501(c)(3) nonprofit status with the help of HFL in 2020. NewDay Foundation is dedicated to helping families of La Porte County who are battling cancer and need assistance with housing, health insurance, financial resources, education programs and materials, referrals, transportation, and more. HFL transferred \$100,919 to NewDay Foundation to continue to support cancer patients in our community.

HFL is proud to inform the community that all funds of La Porte Hospital Foundation entrusted to HFL were allocated appropriately and in accordance with the donors' intentions.



For more information about NewDay Foundation, contact Katrina Langford, Executive Director at **219.851.2375** or klangford@newdaylaporte.org.



HEALTHY PARTNERS



HFL NONPROFIT LEADERSHIP ACADEMY

HFL partners with Indiana University Executive Education at the O'Neill School of Public and Environmental Affairs to bring best-in-class, nonprofit leadership training to La Porte County. Participants fulfilling all requirements receive a certificate from Indiana University.

The program includes six practical training modules in: Nonprofit Management in the 21st Century, Strategic and Operational Planning, Financial Management, Marketing and Communication, Planning for Fundraising Success, and Results-Based Accountability™. Courses are taught by seasoned practitioners.

Effective Nonprofit Governance

In 2019, HFL hosted a one-day course for Nonprofit Leadership Academy graduates and their board members. Delivered by Indiana University Executive Education at the O'Neill School of Public and Environmental Affairs, the course introduced board members, executive directors, and others to best practices for making their board of directors more effective in reaching their organizations' goals.

2018



**Congratulations to the 15 graduates
of HFL's Nonprofit Leadership Academy!**

Steve Bernth
Youth Service Bureau

Janet Bloch
*Lubeznik Center
for the Arts*

Jeanne Ann Cannon
Dunebrook, Inc.

Nanda Danitschek
*Stepping Stone
Shelter*

Nate Loucks
The Pax Center

Kris Pate
*United Way of
La Porte County*

Amber Poff
Indiana Guardianship

Michelle Shirk
*Boys and Girls Club
of Michigan City, Inc.*

Larry Smith
Intrepid Phoenix

Lisa Smithson
Arts in the Park
Sandra Cogswell
Anam Cara Stables

Casaundra
"Kay" Hill
*Previously at
Stepping Stone
Shelter*

Debra S. Varnak
*Previously at Unity
Foundation
of La Porte County*

Diane Wilczewski
*Previously at La Porte
Meals on Wheels*

Jennifer Olson
*Previously at
Healthy Communities
of La Porte County*

2019



**Congratulations to the 18 graduates
of HFL's Nonprofit Leadership Academy!**

Karen Biernacki
Family Advocates

Cheryl Dauer
*La Porte County
Meals on Wheels*

Maria Galka
*Visiting Nurse
Association
of NWI*

Gabrielle Ginther
Dunebrook, Inc.

Dorota Janik
Reins of Life

Monica Komaskinski
*Leadership La Porte
County*

Erin Mooneyhan
Paladin Inc.

Jim Musial
*Citizens Concerned
for the Homeless*

Mario Rosa
*La Porte Community
School Corporation*

Edward Seal
*Home Team of
La Porte County*

Debbie Sellers
*The Social and
Learning Institute*

Jeremy Sobacki
*La Porte County
Parks Foundation*

Christopher
Taelman
Center for Hospice

Shannon Walker
*Unity Foundation
of La Porte County*

Connor Podkul
*Previously at
Friendship Botanic
Gardens*

Ashley Robbins
*Previously at New
Prairie Education
Foundation*

Brandi Lewis
*Previously at Boys
and Girls Club of
Michigan City, Inc.*

Ephphatha Malden
*Previously at
Swanson Center*

Partners for Healthier Babies

A HEALTHCARE FOUNDATION OF LA PORTE INITIATIVE

LOCAL PRIORITY: HEALTHY CHILDREN

Children's health is inseparable from Healthcare Foundation of La Porte's (HFL) mission of empowering our residents to live healthy and well. The lifelong benefits of prenatal, infant, and child wellness have led us to identify **Healthy Children** as an HFL Strategic Focus Area.

Infant Mortality, Low Birth Weight Babies, and Preterm Births

Over 40% of pregnant women in La Porte County receive little, late, or no prenatal care. Babies born to mothers who do not receive prenatal care are three times more likely to die than those born to mothers who do get care. La Porte County's infant mortality and preterm birth rates are higher than the state of Indiana and the top U.S. performers. The fact that many of these deaths are preventable raises two questions: How many infant deaths are we willing to accept? And why is our infant death rate so high?

Infant mortality is defined as the death of a baby before his or her first birthday. We know that babies die for any number of complex reasons. Poverty, poor nutrition, elective deliveries, birth spacing not sufficient, prenatal

smoking and substance abuse, and lack of access to health care can all be contributing factors as well as congenital malformations and injuries. Each one is a cumulative risk for infant mortality. Additionally, many programs only focus on one issue. If you only focus on smoking, and a woman has nothing to eat, that is not going to change her health. If you only focus on safe sleep and not domestic violence and mental health, you are probably not going to make an impact.

To combat infant mortality, HFL leveraged one of its strongest skillsets – *bringing the right people around the table* – to address the issue. Beginning in early 2019, HFL launched the **Partners for Healthier Babies Council** composed of multiple agencies and sectors that serve moms, babies, and families. Members bring resources, expertise, and relationships to the table to help plan, strategize, and implement a county-wide action plan.

The **Partners for Healthier Babies Council** researched and collected data on indicators related to HFL's **Healthy Children** strategic priority. These indicators and associated county, state and national values are shown on the next page in Table 1.



Dedicated to our mission of **All babies in La Porte County are born healthy and thrive**, participating council members led by HFL include:

- Dunebrook, Inc.
- Franciscan Health, Family Birth Center
- Franciscan Health, Franciscan Physician Network, Obstetrics & Gynecology
- Franciscan Health, Franciscan Physician Network, Franklin Health Clinic
- Goodwill Industries of Michiana, Inc., Nurse Family Partnership
- HealthLinc Community Health Center, La Porte & Michigan City
- Healthy Communities of La Porte County
- Indiana State Health Department
- La Porte County Health Department
- Minority Health Partners of La Porte County
- Northwest Health – La Porte, Maternity Care
- Northwest Health - La Porte Physicians Network, Women's Care
- Women's Care Center

Using Results-Based Accountability™ (RBA) Framework to Make Measurable and Meaningful Change

RBA is being used by HFL to make measurable and meaningful change using data to drive decision-making. Using this framework, strategic opportunities were organized using a health outcome by life stages approach. This approach draws attention to both individual and societal determinants that affect a woman's and baby's health. We recognized that specific risk factors and determinants of health vary across the life of women in child-bearing age and their infants. Preconception (before pregnancy), prenatal, perinatal, and postpartum, and infant (first year of life) care allow for intervention at specific points in the continuum of the woman's and baby's life to reduce risk factors and promote healthy outcomes. RBA has guided the Council to investigate what works to do better by examining what programs are currently established in the county, what evidence-based programs have outcomes we are seeking, and what no-cost and low-cost solutions are available.

The Council continues to connect with leaders and members of the community, agencies in the community and state departments to impact a resolvable problem.

We are excited about the progress of this collective effort because every baby deserves a chance to celebrate their first birthday. With the success of decreasing the incidence of preterm births, low birth weight babies, and smoking during pregnancy, the **Partners for Healthier Babies Council** is on track to achieve their goals.



TABLE 1. La Porte County, Indiana, and U.S. 2017-2019 Birth Statistics

Risk Factor	LP County 2017	LP County 2018	LP County 2019	IN 2018	IN 2019	U.S. 2018	U.S. 2019
Infant Mortality Rate	7.0	7.9	9.4*	6.8	6.5	5.7	N/A
Preterm Birth	11.8%	11.2%	10.4%	10.2%	10.1%	10.02%	10.02%
Low Birth Weight	9.4%	8.8%	8.1%	8.1%	8.2%	8.3%	N/A
Mothers Who Received PNC, 1st Trimester	58.9%	60.1%	57.5%	68.1%	68.9%	77.3%	77.5%
Mothers Not Breastfeeding	22.4%	22.4%	20.9%	18.1%	18.0%	16.6%	N/A
Smoking During Pregnancy	21.6%	19.9%	18.6%	13.5%	11.8%	6.9%	N/A
Mothers on Medicaid	51.9%	53.0%	53.5%	21.6**	38.5%	43.0%	42.3%
Teen Birth Rate (Ages 15-19)	27.2**	26.4**	N/A	21.6**	22.8***	17.4**	18.8***
Teenage Mothers (Ages 14-19)	7.8%	7.75%	7.2%	N/A	5.7%	N/A	N/A

*Statistics based on counts less than 20 are considered unstable and should be interpreted with caution.

**Conduent Healthy Communities/ISDH/Ten2030

***America's Health Ranking Y2019

Live Births 2019: 1,175; 2018: 1,265; and 2017: 1,276

HFL Ten2030: A Community Resource for a Healthy Pregnancy, Healthy Babies & Healthy Families

Ten2030 is the first gift given to the La Porte community by Healthcare Foundation of La Porte (HFL). Ten2030 is an up-to-date source of population health and socioeconomic data, providing resources for community assessment, strategic planning, best practices, collaboration and advocacy.

Located at Ten2030 is a comprehensive directory of social service resources for expectant women, dads, and families in La Porte County. This directory will connect residents with comprehensive prenatal care, including prenatal nutrition education, oral health care, and mental health supports. Additional resources are available that include such topics as transportation to doctor appointments, employment opportunities, housing availability, legal aid, rent and utility assistance, access to medical insurance, help with domestic violence, parenting, addiction, and smoking, free HIV testing, and others.

Partners in Prevention

A HEALTHCARE FOUNDATION OF LA PORTE INITIATIVE

LOCAL PRIORITY: HEALTHY CHILDREN

The substance abuse crisis in La Porte County has become an epidemic, just as it has nationally. In any story of substance abuse and drug addiction – whether tragic or successful – one common question enters the hearts of victims and loved ones alike: What if we could have prevented this from ever happening in the first place? **Partners in Prevention** is a \$2.8 million investment that gives all schools in La Porte County access to some of the nation's leading prevention experts to help them select and deliver evidence-based prevention programs with fidelity over a three-year period (2019-20, 2020-21, 2021-22 school years).

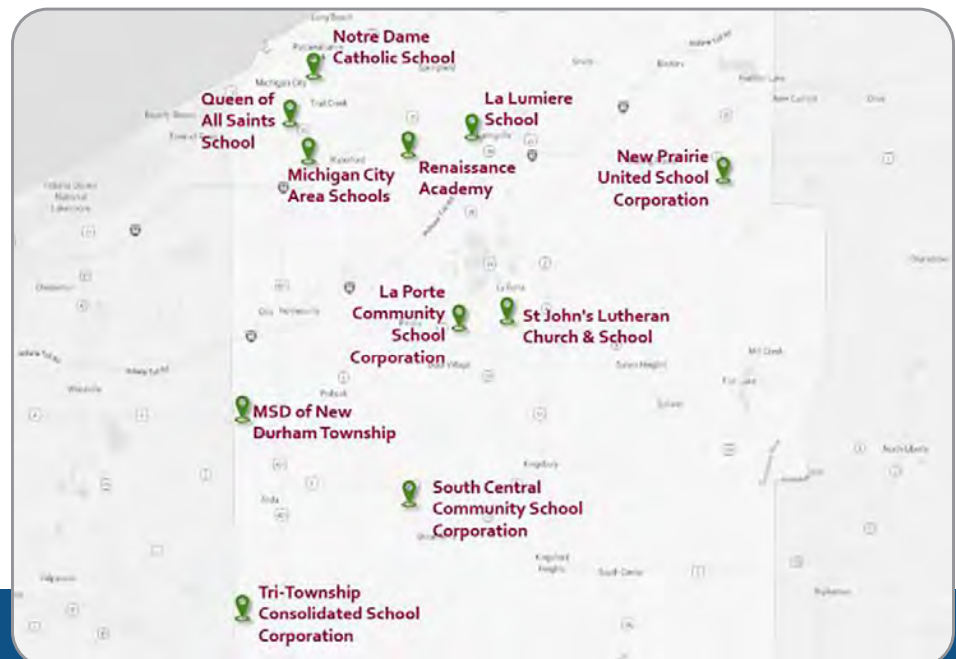
Additionally, HFL has contracted an outside evaluation team to measure whether the evidence-based programs are being implemented as intended and whether these efforts are having the expected impact. School leaders can feel confident knowing the programs they select can and will work. HFL identified the Educational Development Center (EDC) as the technical assistance

prevention provider, and RTI International as the evaluation firm for the initiative.

Eleven schools in the county applied for and received planning grants for **Partners in Prevention**, and the program launch occurred in February 2019. The initiative is modeled after the Richard M. Fairbanks Foundation program *Prevention Matters* and has the capacity to positively impact 13,000 La Porte County students.

Partners in Prevention is an initiative that was sparked by a study commissioned by HFL through the Center for Health

Policy at the IU Richard M. Fairbanks School of Public Health. The study identified gaps in providing adequate prevention, treatment, and long-term substance abuse recovery services. HFL continues to actively respond to the recommendations from the Opioid Study by providing leadership to help build provider capacity, fund requests that will impact the current opioid crisis, and convene organizations who can build partnerships for timely responses to future crises resulting from substance abuse and addictions.



Total invested in planning and implementation grants, technical assistance, and evaluation for 2019 and 2020

\$1,368,998

In 2019, as a response to the La Porte County Opioid Study recommendations, the Healthcare Foundation of La Porte launched *Partners in Prevention*, a 3-year grant initiative to prevent substance misuse and promote social-emotional learning among students in grades K-12. HFL invited all La Porte County schools to apply for planning and implementation grants, technical assistance, and evaluation for proven substance abuse prevention programs. The grants will help schools identify, implement, and sustain selected evidence-based programs.

RESULTS FROM THE INDIANA YOUTH SURVEY FOR 2020 CLEARLY SUPPORT A NEED FOR PURPOSEFUL INTERVENTION



30%

of 12th-grade students reported having used alcohol in the past month*



36%

of 6th-grade students were considered to have high risk for academic failure*



23%

of 12th-grade students in Indiana reported having used e-cigarettes in the past month**



17%

of 12th-grade students in Indiana reported having used marijuana in the past month**

*Region 1: Lake, Porter, & La Porte counties **Indiana

PROVEN PROGRAMS SET PATH FOR SUCCESS

Research-based prevention programs are proven to equip students with skills that not only help them avoid drugs but also help improve academic achievement, attendance, and classroom behavior; address bullying and in-school violence; promote social and emotional well-being; and are cost-effective. Recent research shows that each dollar invested in prevention saves up to \$10 in treatment for alcohol or other substance abuse.¹ Incorporating research-based content and delivery into regular classroom curricula is already paying off. In the midst of the COVID-19 pandemic, schools reported that students were using learned social-emotional skills to understand and manage their emotions.

51%

Higher Math Scores on State Tests**

*Botvin LifeSkills Training
**Positive Action

66%

Less Likely to Use Marijuana Long Term*

32%

Drop in Delinquency*

26%

Drop in Fighting*

15%

Lower Absenteeism**



ACHIEVEMENTS

In the first year of implementation, schools at Pre-K through grade 12 levels reported positive changes in how students interacted and behaved, both with their peers and with their teachers. Students reported using the program-taught skills and language in solving conflicts and managing their emotions.



NUMBER OF
PUBLIC & PRIVATE
SCHOOLS SYSTEMS
ENGAGED

11



TOTAL HFL
INVESTMENT

\$2.8 M

There are children that have never spoken before in class. They are realizing they're not the only ones going through challenges that this prevention program is bringing up, and [in] the discussions, they're gaining confidence to talk about them.

Partners in Prevention
grant director



NUMBER OF
EVIDENCE-BASED
PROGRAMS
IMPLEMENTED

8

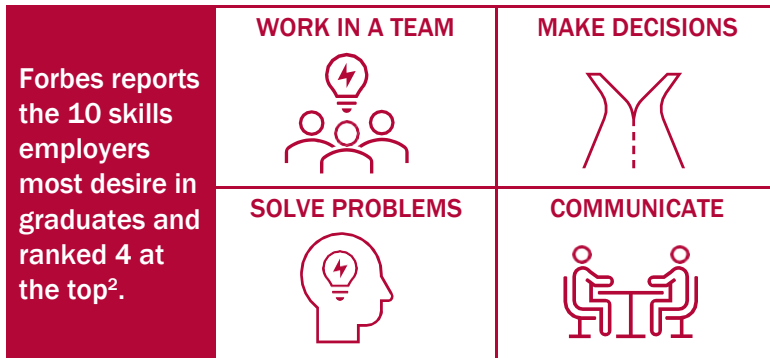


NUMBER
OF STUDENTS
REACHED AT
SCALE

13,000

CONNECTION TO COLLEGE & CAREER READINESS

Prevention programs delivered through *Partners in Prevention* integrate evidence-based social-emotional learning curricula. Research shows that social-emotional learning has a positive impact on student achievement along with employability and overall mental well-being.



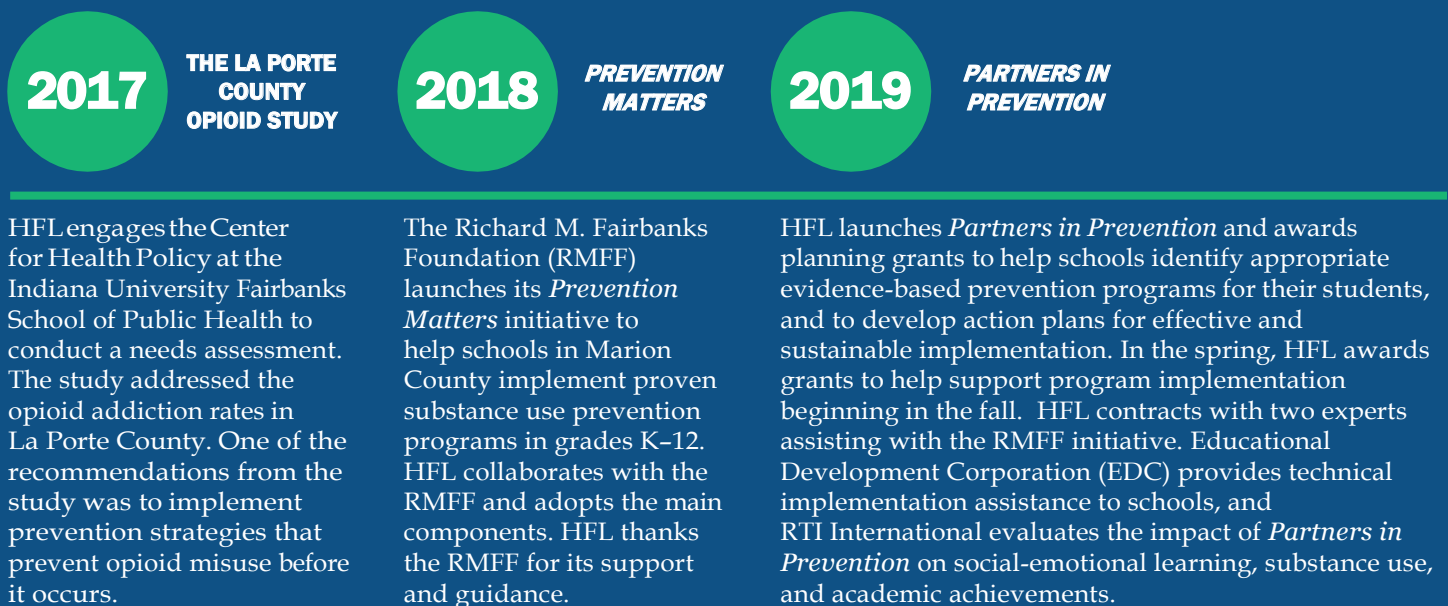
2016 WORLD ECONOMIC FORUM:

Of **16 critical** 21st-century skills, **12** are social-emotional skills.³

KEY TAKEAWAY:

For students to be prepared for **future success**, they need **academic achievement AND social-emotional development**.

TIMELINE



LESSONS LEARNED

The data presented by the evaluation of Year 1 yielded several insights that will help guide quality improvement efforts on the part of schools, grantees, technical assistance providers, and HFL moving into Year 2.

1. Achieve the greatest impact by improving implementer training, oversight, and the delivery of curriculum with fidelity.
2. Better embed programs into the school communities, such as among non-implementer staff, bus drivers, cafeteria workers, and parents.
3. Use the expert technical assistance providers contracted by HFL to increase student engagement, comprehension, and modeling of the curriculum concepts outside the classroom.
4. Build buy-in by encouraging grantees to reach out to community stakeholders and share their successful outcomes.
5. Collect meaningful data to demonstrate changes in academic achievement, emotion management, attendance, perceived risk of substance use, and disciplinary events.

¹ National Institute on Drug Abuse. (2014, March). *Drug facts: Lessons from prevention research* [Principle 16]. https://www.drugabuse.gov/sites/default/files/drugfacts_lessonsfromprevention.pdf

² Adams, S. (2014, November 12). The 10 skills employers most want in 2015 graduates. Forbes. <https://www.forbes.com/sites/susanadams/2014/11/12/the-10-skills-employers-most-want-in-2015-graduates/?sh=72ae41852511>

³ Soffel, J. (2016, March 10). *What are the 21st-century skills every student needs?* World Economic Forum. <https://www.weforum.org/agenda/2016/03/21st-century-skills-future-jobs-students/>; see also World Economic Forum. (2016, March). *New vision for education: Fostering social and emotional learning through technology*. http://www3.weforum.org/docs/WEF_New_Vision_for_Education.pdf

SPECIAL PROJECT



To decontaminate gear after responding to emergency calls, decontamination equipment was purchased for all fire departments in La Porte County, including Michigan City and La Porte Fire Departments, Volunteer Fire Departments, and the county's Haz-Mat Team.

PANDEMIC RESPONSE



Members of the Hispanic Advisory committee welcome community members to the drive-in outreach event.



2020

COVID-19

EMERGENCY
GRANT AWARDS

\$747,718



Sand Castle Shelter volunteers help distribute pork facilitated by an HFL grant to Hoosiers Feeding the Hungry.

HFL'S RESPONSE TO THE COVID-19 PANDEMIC



HFL responded quickly to the COVID-19 pandemic. In March of 2020, HFL's Board of Directors approved an emergency grants plan to support community needs related to the pandemic. Beginning March 25, 2020, HFL awarded emergency grants to address food insecurity, the elderly and high-risk populations, and other local needs.

In addition to emergency grants, HFL helped to coordinate community-wide responses. HFL developed and maintained a COVID-19 resource hub on its website and shifted Ten2030 to highlight COVID-19 related information. HFL facilitated the purchase and distribution of personal protective equipment, providing local nonprofits and community partners with \$46,935 in personal protective equipment and supplies. After learning that Hispanics and Latinos test positive for COVID-19 at a disproportionate rate, HFL invited members of the community to form a Hispanic Advisory Committee to strengthen the community's response to the pandemic. The committee distributed educational materials in Spanish to local organizations and businesses, and hosted a free, drive-through outreach event in July of 2020. Event attendees received a bag that included masks, hand sanitizer, wipes, and printed educational materials in Spanish about COVID-19 and how to protect oneself and others.

SPECIAL PROJECT

PANDEMIC RESPONSE



Hispanic Advisory Committee members hand out bags of PPE and education materials to event guests.



Pax Center volunteers receive donated pork to distribute to families needing food assistance.



Volunteers help unload pork meat from the Citizens Concerned for the Homeless truck at the Center Township Trustee's office.

Organization Name	Purpose	Amount Awarded
American Red Cross of Northwest Indiana	Blood drives	\$6,000
Arise and Shine Food and Outreach Center	Food & Supplies	\$16,000
Catholic Charities of the Diocese of Gary	Rent, mortgage, and transportation cost help for elderly & high risk populations	\$40,000
Center Township Trustee	Spanish-speaking case manager	\$7,000
Citizens Concerned for the Homeless, Inc.	Protective gear & equipment	\$21,670
City of La Porte	Communications Director	\$20,000
Community Food Pantry of Galena, Hudson, Kankakee, Wills Townships, Inc.	Food & supplies	\$3,500
First Presbyterian Church of Michigan City	Food & supplies	\$8,000
Friendship Botanic Gardens	Support for daily operation	\$25,000
Healthcare Foundation of La Porte - Community PPE & Outreach	PPE for community & nonprofit organizations	\$48,435
Hoosiers Feeding the Hungry	Food & supplies	\$10,000
Housing Opportunities	Rent, mortgage, and transportation cost help for low income residents	\$15,000
La Porte County Emergency Medical Service	Protective gear & equipment	\$152,748
La Porte County Family YMCA	Support for daily operation	\$25,000
La Porte County Meals on Wheels	Food & supplies	\$8,546
La Porte County Small Animal Shelter	Food & vet services for abandoned pets	\$5,000
LaCrosse Vol. Fire Dept. Inc, on behalf of 16 volunteer fire departments, 4 Michigan City fire stations, 3 La Porte fire stations, and county Haz-Mat	Protective gear & equipment for 23 county fire departments and Haz-Mat	\$24,620
Lamb's Chapel United Methodist Church	Food & supplies	\$5,000
Macedonia Missionary Baptist Church	Food, oven & freezer	\$10,000
North Central Community Action Agencies, Inc.	Rent, mortgage, and transportation cost help for low income residents	\$40,000
Northwest Health - La Porte	Protective gear & wclinal equipment	\$163,700
Sacred Heart Church Food Pantry	Food & supplies	\$5,000
SC Weekend Food Program	Food & supplies	\$3,400
Share Foundation with the Handicapped, Inc.	Food & supplies	\$6,000
St. Vincent de Paul Society	Food & supplies	\$5,000
Supplemental United Pantry, Inc.	Food & supplies	\$1,000
The Salvation Army of La Porte	Food & supplies	\$27,869
The Salvation Army of Michigan City	Food & supplies	\$20,000
Visiting Nurse Association of NWI	Work-at-home technology	\$19,230
Worthy Women Recovery Home	Support for daily operation	\$5,000
TOTAL GRANTS AWARDED		\$747,718



\$246,500

AWARDED FROM 2017 - 2020

Many healthcare fields are experiencing critical workforce shortages. HFL takes great pride in offering its Health Careers Scholarship Program to encourage and support La Porte County students in this much needed field of study. Scholarships are available to support students pursuing health and wellness careers in undergraduate and graduate studies, including medical school. It is our hope that students will remain in the area upon completion of their studies to serve the La Porte County community. HFL is also pleased to present additional scholarship opportunities funded and selected by the La Porte Hospital Auxiliary.

HEALTH CAREERS SCHOLARSHIP PROGRAM



2019 SCHOLARSHIP RECIPIENTS

HEALTH CAREERS SCHOLARSHIP PROGRAM

2017 **\$32,750**

Abigail Vaughn
Exercise Science, *University of Indianapolis*

Addison Boardman
Audiology, *Northwestern University*

Anthony Kim
Physical Therapy, *Purdue University Northwest*

Ashley Campos
Nursing, *Indiana State University*

Ashley Yuan
Pre-Nursing, *Ferris State University*

Carter Moldenhauer
Nursing, *Purdue University Northwest*

Christine Ake
Biology, *Indiana University Bloomington*

Emily Dick
Athletic Training, *Purdue University West Lafayette*

Emily Kasarda
Nursing, *Indiana University South Bend*

Hilary Harlin
Nursing, *Valparaiso University*

Izabela Mazur
Pharmacy, *Purdue University*

Jailah Blakely
Nursing, *University of Indianapolis*

Jennifer Justice
Psychology, *Purdue University West Lafayette*

Julissa Campos Haro
Healthcare Leadership, *Valparaiso University*

Karmen Halfacre
Biology, *Ball State University*

Kasia Maddox
Radiography, *Indiana University South Bend*

Kristen Gushrowski
Exercise Science, *Indiana University Bloomington*

Lauren McQuarters
Psychology, *Butler University*

Lisa Fischer
Pharmacy, *Purdue University*

Megan Gushrowski
Pharmacy, *Manchester University*

Natalie Riley
Pharmacy, *Indiana University Bloomington*

Nicholas Willoughby
Biology, *University of Chicago*

Norma Kasinger
Social Work, *Indiana Wesleyan*

Savannah Vaughn
Exercise Science, *University of Indianapolis*

Skylar Brinkman
Biology, *Loyola University Chicago*

Skylar Senseny
Nursing, *Marquette University*

Virginia Ramos-Romero
Nursing, *Purdue Northwest*

2018 **\$42,750**

Abbi Kroll
Family Nurse Practitioner, *Indiana Wesleyan University*

Abigail Zila
Nursing, *Indiana State University*

Addison Boardman
Audiology, *Northwestern University*

Annabelle Papai
Nursing, *Purdue University West Lafayette*

Ashleigh Suppinger
Neuroscience, *Indiana University Bloomington*

Austin Casto
Healthcare Leadership, *Valparaiso University*

Carley Ellenberger
Nursing, *Valparaiso University*

Chelsea Suppinger
Pharmacy, *University of Mississippi*

Christine Ake
Biology, *Indiana University Bloomington*

Emily Osowski
Biology, *Valparaiso University*

Gabriela Mazur
Doctor of Osteopathy, *Marina University*

Heidi Bickel
Family Nurse Practitioner, *Purdue University Northwest*

Izabela Mazur
Pharmacy, *Purdue University*

Janelle O'Neal
Pre-Medicine, *Indiana University Bloomington*

Jayna Colanese
Speech-Language Pathology, *Andrews University*

Karmen Halfacre
Biology, *Ball State University*

Kasia Maddox
Radiography, *Indiana University South Bend*

Katrina Machtemes
Nursing, *Purdue University Northwest*

Kelsey Creager
Nursing, *Valparaiso University*

Laura Fischer
Pharmacy, *Butler University*

Lisa Fischer
Pharmacy, *Butler University*

MacKinnon Tracy
Nursing, *Goshen College*

Marlen Cervantes
Radiology, *Indiana University South Bend*

Megan Gushrowski
Pre-Pharmacy, *Manchester University*

Moriah Carmel
Chemistry, *Valparaiso University*

Norma Kasinger
Social Work, *Indiana Wesleyan University*

Raymond Keener
Family Nurse Practitioner, *Chamberlain University*

Sarah Kosinski
Physician Assistant Studies, *Butler University*

Skylar Brinkman
Biology, *Loyola University Chicago*

Suzanne Hanna
Doctorate of Nursing in Midwifery, *University of Illinois at Chicago*

Victoria Kneller
Osteopathic Medicine, *Marian University*

2019 **\$68,500**

Abbi Kroll
Family Nurse Practitioner, *Indiana Wesleyan University*

Abigail Vaughn
Athletic Training, *Franklin College*

Addison Boardman
Audiology, *Northwestern University*

Ashleigh Suppinger
Neuroscience, *Indiana University Bloomington*

Ashley Campos
Nursing, *Indiana State University*

Ashley Francis
Echocardiography, *St. Anthony's Hospital School of Echocardiography*

Ashley Samford
Nursing, *Ivy Tech Community College*

Austin Casto
Healthcare Leadership, *Valparaiso University*

Austin Weiland
Biology, *Anderson University*

Breanna Dove
Health Sciences, *Indiana University Purdue University Indianapolis*

(Continued on next page)

HEALTH CAREERS SCHOLARSHIP PROGRAM

(Continued from previous page)

Chelsea Suppinger

Pharmacy, *University of Mississippi*

Chloe Cloutier

Pre-Medicine, *Purdue University West Lafayette*

Christine Ake

Medicine, *Indiana University School of Medicine*

Elisabeth Novak

Nursing, *Cedarville University*

Emily Samuelson

Biology, *Purdue University West Lafayette*

Erin O'Laughlin

Pharmacy, *Purdue University West Lafayette*

Hannah Walker

Nursing, *Purdue University West Lafayette*

Heidi Bickel

Doctor of Nursing Practice, *Purdue University Northwest*

Jacob Kiser

Biology, *Indiana University Bloomington*

Jaklyn Bosserman

Nursing, *Ball State University*

Jessica Jara Huizar

Nursing, *Indiana University Purdue University Indianapolis*

Karmen Halfacre

Biology, *Ball State University*

Katrina Machtemes

Nursing, *Purdue University Northwest*

Laura Fischer

Pharmacy, *Butler University*

Laura Sosinski

Pharmacy, *Butler University*

Marlen Cervantes

Radiology, *Indiana University South Bend*

Megan Gushrowski

Pharmacy, *Manchester University*

Olivia Dybing

Biology, *Aquinas College*

Patricia Blair

Practical Nursing, *Ivy Tech Community College*

Susan Feldt

Medicine, *University of Chicago*

Tiffany Loza

Social Work, *Indiana University South Bend*

Timothy Tyler

Business Administration, *Siena Heights University*



Abigail Kemiel

Exercise Science, *Indiana University Purdue University Indianapolis*

Abigail Vaughn

Athletic Training, *Franklin College*

Abigail Zila

Nursing, *Indiana State University*

Angela Randon

Nursing, *Purdue University Northwest*

Ashley Francis

Echocardiography, *St. Anthony's Hospital School of Echocardiography*

Audrey Ott

Neuroscience, *Indiana University Bloomington*

Austin Weiland

Biology, *Anderson University*

Bethany Schuster

Speech, Language, and Hearing Sciences, *Purdue University West Lafayette*

Breanna Dove

Health Sciences, *Indiana University Purdue University Indianapolis*

Breanna Wisser

Occupational Therapy, *Indiana University Purdue University Indianapolis*

Chloee Garay

Clinical Mental Health Counseling, *Valparaiso University*

Christine Ake

Medicine, *Indiana University School of Medicine*

Curtis Meeks

Family Nurse Practitioner, *Walden University*

Dawn Martin

Family Nurse Practitioner, *Chamberlain University*

Elaine Bonner

Biology, *Purdue University Northwest*

Elisabeth Novak

Nursing, *Cedarville University*

Emily Cupples

Nursing, *Purdue University West Lafayette*

Emily Kasarda

Social Work, *Indiana University South Bend*

Heidi Bickel

Doctor of Nursing Practice, *Purdue University Northwest*

Jackson Kubasyzk

Pre-Medicine, *Indiana University Bloomington*

Jenniver Kievert

Biochemistry, *Purdue Fort Wayne University*

Karmen Halfacre

Biology, *Ball State University*

Katrina Machtemes

Nursing, *Purdue University Northwest*

Laura Fischer

Pharmacy, *Butler University*

Mareeya Scully

Nursing, *University of Indianapolis*

Megan Boyd

Health Sciences, *Butler University*

Megan Gushrowski

Pharmacy, *Manchester University*

Megan Rose

Nursing, *Indiana University South Bend*

Mya Fegaras

Biological Sciences, *DePaul University*

Neiha Sanchez

Nursing, *Indiana University South Bend*

Olivia Dybing

Biology, *Aquinas College*

Olivia Huff

Medical Imaging Technology, *Indiana University Purdue University Indianapolis*

Petra Hemphill

Psychology, *Drake University*

Rebecca Eyrick

Health and Human Services, *Purdue University West Lafayette*

Sara Siegmund

Pharmacy, *Purdue University West Lafayette*

Susan Feldt

Medicine, *University of Chicago*

Tessa Bauman

Public Health, *Purdue University West Lafayette*

Thalia Garcia

Nursing, *Ball State University*

Timothy Tyler

Healthcare Administration, *Northcentral University*

Tristen Poe

Biochemistry, *Indiana University Bloomington*

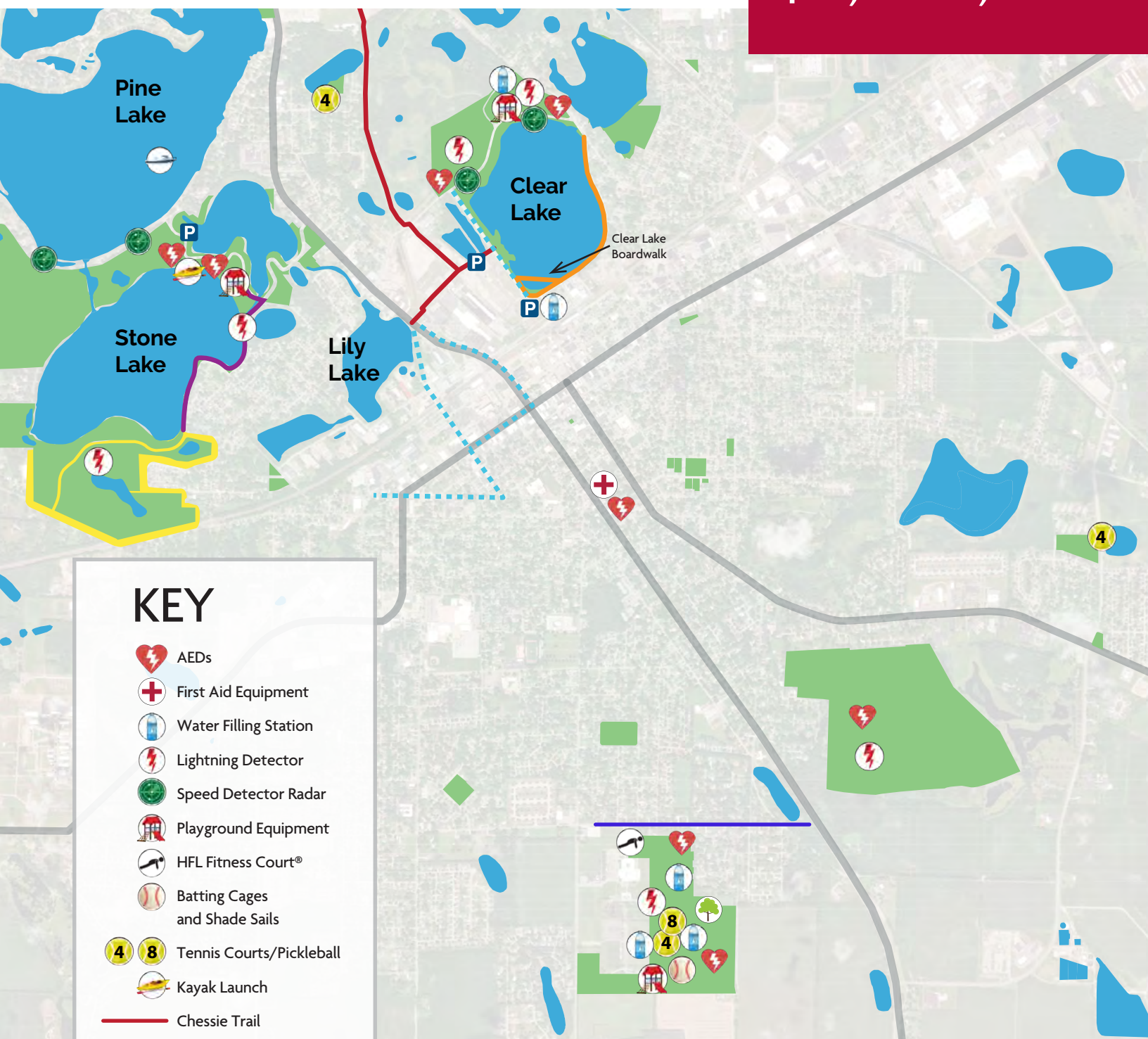
BIG PICTURE

CITY OF LA PORTE

INFRASTRUCTURE IMPROVEMENTS

TOTAL GRANTS AWARDED
2017-2020

\$3,945,525



KEY

- AEDs
- First Aid Equipment
- Water Filling Station
- Lightning Detector
- Speed Detector Radar
- Playground Equipment
- HFL Fitness Court®
- Batting Cages and Shade Sails

- 4 8 Tennis Courts/Pickleball
- Kayak Launch

- Chessie Trail
- Stone Lake Trail
- 18th Street Greenway
- Clear Lake Trail & Boardwalk

- Parking
- Fire Rescue Boat
- Park Tree Inventory



CHESSIE TRAIL

1.5-mile multi use path from Pine Lake to NewPorte Landing



Chessie Trail Ribbon Cutting



CLARKE PARK

New green space, playground, and an updated baseball field



WATER BOTTLE FILLING STATIONS

Located at Fox and Kesling Parks, water bottle filling stations allow residents to fill reusable bottles while using city trails



CELEBRATE ACCESS TO HEALTHY LIVING

CITY OF LA PORTE INFRASTRUCTURE IMPROVEMENTS



FIRE RESCUE BOAT

Helping La Porte Firefighters respond faster to incidents on and around La Porte's lakes to keep residents safe



CLEAR LAKE TRAILHEAD, BOARDWALK AND RECREATIONAL IMPROVEMENTS



HFL FITNESS COURT™

A free, outdoor circuit training center designed for adults of all ages and fitness levels at Kesling Park



BATTING CAGES & SHADE SAILS

Shade sails to provide sun protection and automated batting cages to engage players of all skill levels at Kesling Park



BILL REED TENNIS COMPLEX

Two renovated tennis courts and 8 new pickleball courts at Kesling Park



ALLESEE AND RUMELY TENNIS COURTS

Renovated courts



FOX PARK & STONE LAKE PARK PLAY STRUCTURES



STONE LAKE TRAIL

0.8-mile multi-use trail will be set along Stone Lake from Craven Drive to Stone Lake Beach House



FORT LA PLAY PORTE AT KESLING PARK

Playground renovation for improved safety and accessibility



STONE LAKE KAYAK LAUNCH

This addition will allow all residents, including disabled and wheelchair bound, to safely launch their kayaks into Stone Lake



PARKS TREE INVENTORY

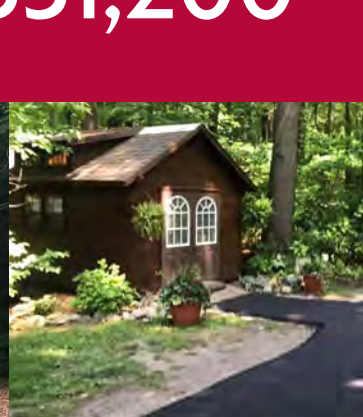
A comprehensive study to inventory trees and assess risk of unmanaged trees in Fox Park

CELEBRATE ACCESS TO HEALTHY LIVING

LA PORTE COUNTY INFRASTRUCTURE

TOTAL GRANTS AWARDED
2017-2020

\$531,200



FRIENDSHIP BOTANIC GARDENS - FITNESS TRAILS AND ADA ACCESSIBILITY
Guests benefit from improved accessibility, exercise equipment, and ADA compliant trails.



LA PORTE COUNTY PARKS - LUHR COUNTY PARK
Updates to the county park include exercise equipment, water bottle filling stations, bike repair stations, and a 1 mile running/walking trail.



SOUTH CENTRAL SCHOOLS - FITNESS TRAIL
Students and community members in South La Porte County enjoy access to the outdoors and active living.

PIONEERLAND PETE'S PATHWAY
New concrete path improves accessibility at the La Porte County Fairgrounds

**UNION MILLS CONSERVATION CLUB
UMCC BASKETBALL COURT**
A new hub of activity for the South La Porte County Community



HEALTHCARE FOUNDATION *of* LA PORTE

CONFERENCE & LEARNING CENTER

GOALS

- Provide meeting and conference space for nonprofit, governmental, and educational entities in La Porte County
- Provide educational and learning opportunities for nonprofits and HFL partners in La Porte County
- Host health and wellness conferences and learning opportunities for the La Porte County community
- Support the development and growth of nonprofit organizations through the incubator space



OUR INVESTMENT IN THE COMMUNITY

With almost 13,000 square feet of space, HFL's new building is home to HFL's offices, Conference & Learning Center (C&LC), and nonprofit incubator space.

HFL's C&LC provides state-of-the-art facilities for La Porte County nonprofits and HFL partners to meet, learn, retreat, and plan. Space is offered free of charge to HFL partners, government entities, and health and wellness related activities and programs.

HFL envisions the C&LC to be a hub for nonprofit and community partners to collaborate, learn, and grow. This hub plays a crucial part in accomplishing HFL's vision for La Porte County to be one of the top ten healthiest communities in Indiana by 2030.

The C&LC offers flexible space with three separate conference rooms divided by operable partitions that when combined can hold 223 occupants. Each of the single conference rooms is just over 1,000 square feet and features state-of-the-art audio and visual equipment, Wi-Fi, video conferencing, video recording, and more. All of the conference rooms lead out to an outdoor patio. In addition, a conference room that seats 10, warming kitchen, and coat room are available.



HFL CONFERENCE & LEARNING CENTER



Located at 140 East Shore Parkway in La Porte, the natural, tranquil setting by the La Porte Chessie Trail provides the perfect backdrop for the new HFL C&LC. Natural wood, limestone, and brick are featured throughout the interior and exterior structure. Upon entering the building through the main entrance, you are welcomed by a serene open space that incorporates seating areas, high ceilings, ample natural lighting, and a tall fireplace that invites you to sit down and take in the breathtaking view of Fishtrap Lake.



HFL's building also features an incubator space that is dedicated to the development and growth of nonprofits. Providing a space to work and connect with mentors, colleagues, and service providers, this space has the potential to remove barriers that nonprofits face.

Situated on HFL's property, a trail rest area was created for community members to use while enjoying the Chessie Trail. The trail rest area features a bike repair station, fresh water available for people and pets, picnic shelter, and a plaque recognizing the leadership and vision of HFL's first Board of Directors.



NOTICE:

HFL prioritizes the health and safety of our staff and Conference & Learning Center(C&LC) guests.

HFL's C&LC is currently closed. Operating the C&LC during a pandemic would not only pose a community health risk, it would also violate guidance provided by Indiana's Governor. As a result, the C&LC will not be operational until La Porte County's color metric score is blue.



When we're able to welcome event activity into the building, we will be fully prepared to do so, with enhanced policies and procedures in place for the safety of guests, staff, and other partners.